



## **AFA Chemical Peel Contraindications**

- ❖ Rosacea clients with sensitive/dry skin will not be a good match for a clay peel
- ❖ Pregnant, nursing
- ❖ Use of active ingredients such as, but limited to Retinal, Hydroquinone, AHA's/BHA's, within 1 week of treatment
- ❖ Previous treatment modalities, such as Botox, fillers ( 14 days)
- ❖ Refrain from waxing, electrolysis or other hair removal method, other peels, laser treatments 4 weeks prior to appointment
- ❖ History of keloids/hypertrophic scarring, abnormal moles, tendency to have abnormal scarring or hyperpigmentation
- ❖ Excessive Telangiectasia - peels will make worse - use laser
- ❖ Recent suntan/burn (natural or chemical), tanning bed or self-tanning, bleaching products within 4 weeks, tattoos, or permanent makeup present on the treated area. (It can be covered and the area around it can be treated)
- ❖ Medications that are light sensitive or photosensitive
- ❖ No Accutane usage for 12 months before treatment
- ❖ Active skin conditions, Eczema, Psoriasis, Dermatitis, Rosacea, skin sensitives/easy bruising (caution required), numbness or loss of sensation
- ❖ Clients who are receiving chemotherapy/radiation or have a deficient immune disorder, should consult a physician- note will be required
- ❖ Active infection, cold sores, or Infectious disease, bacterial skin infections, fungal infections
- ❖ Grade IV acne, open lacerations in the area being treated
- ❖ Antibiotics
- ❖ Recent surgeries 12 weeks before treatment
- ❖ Clients with a history of herpes should be pre-treated due to the possibility of a cold sore/blister outbreak after treatment
- ❖ Any active rashes or serious medical skin conditions
- ❖ High blood pressure, uncontrolled diabetes, heart disease, deficient immune system
- ❖ Body Dysmorphic Disorder

If you are not sure about possible contraindications, please discuss at your consultation. Open communication is key to a successful laser treatment.

Your safety will always be number 1!