



## **Cryosurgery FreezPen Pre Protocols**

- ❖ It is recommended to stop any products containing Retinol one week prior to a FreezPen treatment
- ❖ Clients must not sunbathe, use tanning beds or sunless tanning creams two weeks before this treatment

## **Cryosurgery FreezPen Post Protocols**

- ❖ The recovery time for this treatment is minimal and FreezPen Cryotherapy involves zero downtime, getting you back to your everyday activities immediately following treatment.
- ❖ After a cryotherapy treatment, you may experience some swelling, redness, skin flaking and peeling, and itchiness. This is normal. The treated area will form a scab, which will fall off naturally within 1-2 weeks.
- ❖ Stop any products containing Retinol for one week after treatment.
- ❖ Do not try to remove the blister yourself because this could lead to infection.
- ❖ Wait for the scab to fall off by itself within 1-2 weeks.
- ❖ Allow skin to heal completely within 2-3 weeks.
- ❖ Avoid rubbing or massaging the area, as this may cause bruising or irritation.
- ❖ Potential side effects include bleeding, blister formation, headache, hair loss in treatment area, and hypopigmentation, but rarely scarring.
- ❖ Clients must not sunbathe, use tanning beds or sunless tanning creams two weeks after this treatment. Use SPF 30+ at all times.

If you are not sure about possible contraindications, please discuss at your consultation.  
Open communication is key to a successful laser treatment.  
Your safety will always be number 1!