



## **LED Light Contraindications**

- ❖ Do not perform LED therapy on someone with a seizure disorder unless you have consent from the client's physician
- ❖ No Accutane usage for 12 months before treatment
- ❖ Do not perform LED therapy on someone that is pregnant or nursing, unless the client has written consent from her physician
- ❖ Do not perform LED therapy when the application of 'heat' or increased warmth to the skin is a contraindication. (Resistors on the circuit board produce a mild thermal effect.) If your client's physician gives written consent, you can use a small fan to reduce the heat produced by the resistors
- ❖ Do not perform LED therapy if a client is 'photo-sensitive' unless you have consent from the client's physician. Some disorders and medications can cause photosensitivity, so check all medications for precautions / risks prior to using LED
- ❖ Do not perform LED therapy over known metastasis
- ❖ Do not perform if client have migraines brought on by light
- ❖ Do not perform over suspicious lesions or malignant tumors
- ❖ Do not perform LED therapy if a client is on steroidal medications. In the case of steroidal injections, it is best to wait at least 7 days before using LED therapy unless you have consent from your client's physician
- ❖ Do not use it on infants or children

If you are not sure about possible contraindications, please discuss at your consultation. Open communication is key to a successful laser treatment.  
Your safety will always be number 1!