



Microdermabrasion Contraindications

- ❖ Pregnant, nursing
- ❖ Use of active ingredients such as, but limited to Retinal, Hydroquinone, AHA's/BHA's, within 1 week of treatment
- ❖ Previous treatment modalities, such as Botox, fillers, peels, or other laser treatments 4 weeks prior to appointment
- ❖ History of keloids/hypertrophic scarring, abnormal moles, tendency to have abnormal scarring or hyperpigmentation
- ❖ Excessive Telangiectasia/erythema may be worsened or brought out by skin exfoliation - use laser
- ❖ Recent suntan/burn (natural or chemical). tanning bed or self-tanning, bleaching products within 4 weeks, tattoos, or permanent makeup present on the treated area. (It can be covered and the area around it can be treated)
- ❖ Medications that are light sensitive or photosensitive
- ❖ Use of depilatories, electrolysis, or waxing of the treated area in the past 7 days
- ❖ No Accutane usage for 12 months before treatment
- ❖ Active skin conditions, Eczema, Psoriasis, Dermatitis, Rosacea, skin sensitives/easy bruising (caution required), numbness or loss of sensation
- ❖ Clients who are receiving chemotherapy/radiation/ have a history of cancer or have a deficient immune disorder, should consult a doctor - note will be required
- ❖ Active infection, cold sores, or Infectious disease, bacterial skin infections, fungal infections
- ❖ Grade IV acne, open lacerations in the area being treated
- ❖ Antibiotics - Oral blood thinner medications
- ❖ Recent surgeries 8 weeks before treatment
- ❖ Clients with a history of herpes should be pre-treated due to the possibility of a cold sore/blister outbreak after treatment
- ❖ Any active rashes or serious medical skin conditions should not be treated
- ❖ High Blood Pressure, uncontrolled diabetes, heart disease, deficient immune system
- ❖ Body Dysmorphic Disorder

If you are not sure about contraindications, please discuss at your consultation. Open communication is key to a successful laser treatment.