



## **IPL Photo Facial Contraindications**

- ❖ Allergy to ultrasound gel
- ❖ Pregnant, nursing
- ❖ Accutane usage in the past 12 months before treatment
- ❖ Use of active ingredients such as, but limited to Retinal, Hydroquinone, AHA's/BHA's, within 1 week of treatment
- ❖ Previous treatment modalities – within the previous 4 weeks of treatment, including laser or other treatments. E.g.: Botox, fillers, laser, chemical peels, microdermabrasion etc.
- ❖ Metal implants, plates, or pins - fitted pacemaker
- ❖ History of keloids/hypertrophic scarring, abnormal moles, tend to have abnormal scarring or hyperpigmentation or impaired skin healing
- ❖ Recent suntan (natural or chemical), tanning bed or self-tanning, bleaching products within 4 weeks
- ❖ Tattoos, or permanent makeup present on the treated area. (It can be covered and the area around it can be treated)
- ❖ Medications that are light sensitive or photosensitive. These types of medications chemically induce a change in your skin and can cause reactions when exposed to UV rays
- ❖ Uncontrolled diabetes or uncontrolled thyroid disease, blood disorders, history of cancer (past 5 years), precancerous lesions, heart conditions/disease, stroke, autoimmune disorders in active stage will require physicians note to proceed
- ❖ Active skin conditions, Eczema, Psoriasis, Dermatitis, Rosacea skin sensitives/easy bruising (caution required) or A history of diseases stimulated by heat
- ❖ Numbness or loss of sensation
- ❖ Active infection, cold sores, or open lacerations in the area being treated Infectious disease
- ❖ Immunosuppression (HIV, drugs with immunosuppressive effect)
- ❖ Ensure that you are not on antibiotics, nor have been in the past 4 weeks. Understand IPL cannot be done if you are on such medication.
- ❖ History of seizures - epilepsy
- ❖ Inflammation
- ❖ Fitzpatrick skin types 5 & 6 (some 4)
- ❖ Recent surgeries 12 weeks

If you are not sure about contraindications, please discuss at your consultation.  
Open communication is key to a successful laser treatment.  
Your safety will always be number 1